



Linking Farming, Food and Health - Wholistically!

Welcome to our August WHAg Mag

Dear WHAg Farmer

With a summer that's not exactly been 'farmer friendly' we know that as we move towards the end of August many of you will still be super busy and making the most of (hopefully) a little dry weather. So, this is just a short Bank Holiday briefing on what's been going on in the world of WHAg.

Many of our team have been beavering away developing new courses and webinars to deliver on our new educational platform which launches later this year. It's amazing how much time planning, filming and editing takes in order to have a slick and concise finished course. I wonder how many 'out takes' were saved?

Our early August webinar 'Alternative Solutions to Parasites & Pests - Inside & Out!' was in great demand and filled up within days of being advertised. Medical Herbalist and Pasture Consultant, Kate Scott, and our own Head of Livestock Health, Wholistic Vet Chris Aukland explained how you control pests and parasites without chemicals. If you missed this exclusive webinar, you can still sign up to receive the recording - it's just £25. Email: secretary@wholehealthag.org

Do read on to learn more about our trainees, the value of tissue salts on the farm, and the fascinating farmers using ferments.

Whatever the weather this Bank Holiday, we wish you all an enjoyable one!

The WHAg team

ps If you enjoy this month's read, please forward it to others who might appreciate it too, not forgetting to remind them to [subscribe](#)....



Introducing our WHAg Trainee CHA's (Complementary Health Advisors)

After numerous requests to provide one-to-one support and advice to farmers, we are delighted to establish a 'mentor' scheme where experienced and proficient farmers are able to act as coach and buddy to others. We have commenced training for a hand-picked selection of farmers and vets from the UK, Ireland and Norway to become our CHA's. The focus will be on working with other farmers to help them implement a complementary health management system to suit their farm, based on protocols designed to improve livestock health and productivity, avoid stress, and prevent disease.

These trainee advisors will not be prescribing or attempting to replace a vet, this is a much needed farmer-to-farmer support scheme for farmers who want to establish an effective, homeopathy-based, health management system.

We caught up with 3 of our trainees who shared their progress and experiences.



Let's look at 'Tissue Salts'

Tissue Salts are also known as Cell Salts. They form the basis of cell growth and development. Cell Salts are believed to encourage assimilation of nutrients so treat them more like supplements rather than just a treatment. They need to be administered consistently over months rather than weeks.

On our Facebook page, [The Farmacy at Whole Health Agriculture](#), we recently ran a series highlighting some of the keynotes for tissue salts. These slides are really useful, quick reminders when considering which may be appropriate to use. [Click image below to view all the slides >>](#)

Tissue Salts for Youngstock



How to Use Them

- Farmers find the easiest way to administer tissue salts is in the water trough. They use approx 10 tablets crushed into a bottle of water; shake vigorously and add all the water into the trough daily for several months.

WHAg Farmers get Fervent about Ferments!

There can't be many farmers who haven't heard about the soil biome, but did you know that many farmers are starting to use fermented foods to keep their livestock's gut biome healthy? In fact, the use of 'good bugs' or beneficial bacteria is a growing trend for many forward-thinking farmers. In our latest blog, we share what they are using and why. [Read more....](#)



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